



General Meeting Speaker:



Maria Bereket is a board member and the digital marketing strategist for the Free Rein Foundation in Huntington Beach, CA. (<https://freereinfoundation.org/>)

The mission and vision of the Free Rein Foundation begin with the belief that "horses heal humans." The Foundation rescues horses and places them in an equine-assisted therapy programs for at-risk youths, veterans, and groups in our community who need a better way to work together.

The Free Rein Foundation is proud to work in the community of Huntington Beach, enlisting the help of the Huntington Beach Police department as well as several divisions of the LAPD. The programs empower people with a process of making better choices for their own lives. All horses have a healing ability that speaks to people at the deepest level of who they are, and the programs of the Free Rein Foundation have an impact that is changing the future of our communities.

The Free Rein Foundation is located in the Huntington Central Park Equestrian Center among a robust community of equestrians, volunteers, and a community of supporters. Each month they host a Hug and Groom event to allow our community to meet the rescued horses, learn about the programs, and interact with the volunteers who care deeply about the horses and their power to heal.

Maria will share with you the mission, vision, and impact of this powerful program, and will reveal her own "free rein" moment of horse healing.

Next General Meeting

January 18, 2020
Meadowlark Golf Club
Check in: 10:30 a.m.
Meeting: 11:00 a.m.
Guest Speaker: 11:15 a.m.
Lunch: 12:00 p.m.

Menu:

Herb Crusted Cod, Risotto,
Banana Bread.

*Meal can be modified for
vegetarians, so please note with
your reservation.*

\$26 check due by Jan 11, to:
AAUW: WM-FV-HB
c/o Carole Smith

Your check is your reservation

**AAUW Board Meeting Dates
2019-2020, 7 p.m.**

January 6, 2020,
February 3,
March 2,
April 6,
May 4,
June 1 (joint)

Regifting sale! See details below.



Calendar of Events

December

22 Holiday Music Singalong 4:30 p.m.

January 2020

2 Happy Hikers 10:30 a.m.

6 Board Meeting 7 p.m.

9 Quest SeniorServ 9:30 a.m.

10 Newsletter deadline noon

13 Film Discussion 7 p.m.

15 Travel Group 7 p.m.

18 General Meeting 10:30 a.m. & Regifting

23 Bunco Fun Day noon

27 Evening Book Review 7:15 p.m.

28 Play Reading 7 p.m.

February 2020

22 Membership Luncheon 11 a.m.

March 2020

21 Authors Luncheon 10 a.m.



BRIGHTEN YOUR DAY...

January 1

Always new. Always exciting.
Always full of promise. The mornings of
our lives, each a personal daily miracle!

BOARD MEETING



The board consists of all officers and committee chairs and meetings are usually held the first Monday of each month. All members are encouraged to attend.

The December 2, 2019 Board of Directors meeting was held Dec. 2 at the home of Maxine Boyett.

Finance Officers Report

Nov. General Account

Beginning Balance \$15,506.01

Ending Balance \$15,850.21

Nov. FUND Account

Beginning Balance \$14,227.41

Ending Balance \$14,137.27

MOTION: Karen Jackle moved that we send 5 girls to Tech Trek in 2020. MSC

The next board meeting will be Monday, January 6, 2020 at the home of Jeanne Kulpinski.

From our Treasurer: We not only collected \$171 in Dollar Power money for Tech Trek at our Nov. meeting, also we received \$469 in additional donations from members to cover the cost of lunches for the Trek Trekkers and their guests! So generous!

NEWSLETTER DEADLINE

Articles must be in no later than January 10, noon.

Send to Carolee Focht
focht@verizon.net

Website: <http://wfh-ca.aauw.net/>

BRANCH EMAIL ADDRESSES

Contact the Co-Presidents

Membership inquiries and new members

Update member contact information

Programs

Web site problems, comments, corrections

Click on the above links to email.



WESTMINSTER-FOUNTAIN VALLEY- HUNTINGTON BEACH BRANCH

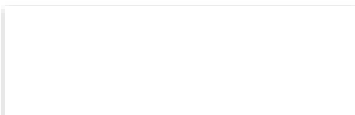
Get Rid of It – Regift Party!! FUNDRAISER

Remember the Jewelry Treasures in November? Well, this is the “Regifting” event that I promised for January. Those objects or pieces of clothing which well-meaning people gave you as gifts (What were they thinking?) Please bring objects with a suggested value so that we can fair price them. We will have \$5, \$10 and priceless (that’s up to you) categories. Remember that these are not items from out of your drawer or closet, but new or unused items in good condition. After the holidays, lay those items aside for our Regifting event. At our last event many people said, “Darn, I had so many things to bring, but I forgot!” Don’t forget. This sale will again bolster our branch coffers. Our last sale profited our branch \$154. Thanks to those who didn’t forget, and those who truly found treasures.



WELCOME NEW MEMBERS !

Alyce Burnett



alyce.burnett@verizon.net

Tracy Hamilton



thamil2516@aol.com

Sandra Guerrero



sandraguerrero@me.com
BA Psychology CSU at LA
MA MFT Pacific Oaks



January 20

Women Making a Difference

Free COMMUNITY PROGRAM ON HUMAN TRAFFICKING (AAUW)

February 22, 2020

Saturday, February 22, 2020, from 10:00 am to 12:00 pm at the
Norman Murray Center, 24932 Veterans Way, Mission Viejo, CA 92692

2020 – Get out the Vote, Public Policy Chair: Karen Jackle

Our primary election date is moved up, and the National election is as usual, in November. Are you willing to volunteer from our branch to work the Get Out the Vote in 2020? Since everyone will get a mail ballot, and we will no longer need to man the local spot we manned in past years, will you like to help in a new way?

Which high school will you like to focus on to register students turning 18 in 2020 to vote? Do you have a connection with any of our 7 high schools in the HBUHS District? I might be able to connect with Fountain Valley High, but the important key is volunteers willing to help and the timing of when to do it.

I know some may choose to turn their efforts to getting out the census count. At HB Senior Center, (and perhaps FV and Westminster Sr. Centers) there is a reminder to sign up to work the census; also, there may be compensation for census work.

Please let me know if you are willing to make a New Year Resolution to volunteer to Get Out the Vote with our branch. Thank you and Happy New Year. Contact me:

Karen Jackle karijac@gmail.com

Presidents' Message

Dear Lovely Ladies,

We have heard about the Wage Gap. Well ladies, many of us are retired or soon to be. When we think of retirement, we feel that the Wage Gap doesn't affect us. Well, think again! In a recent update of AAUW's "The Simple Truth about the Gender Pay Gap" research report, women collect 20% less in Social Security benefits than men do, 24% less in pensions, and 30 % less in overall retirement income when you factor in the interest and dividends. Doesn't that just dust your cookies! We need to keep fighting for equal pay rights.

Don't miss the opportunity to receive a tax deduction on your donation for 2019. Thanks to our largest-ever matching gift in our history from AAUW's board of directors, every donation received until December 31 will have TWICE the impact. Please, help fight for our future by giving generously today. Donors will receive their acknowledgment letters from Special Project Fund (Tech Trek) no later than January 31, 2020, which is the federal deadline for acknowledgment. SPF acknowledges all donations of \$250 and above, with branches directly thanking donors for those donations below \$250. Mail early!

We have learned that we can send five girls to Tech Trek camp this year. The location has not been determined as yet. Let's keep up our support for Toni Gregory and our campers.

However you celebrate the "New Year", make it happy, healthy, merry and with good friends.
Bev Nagy and Carole Smith, Co-Presidents



COME TO THE MEMBERS LUNCHEON ! SAVE THE DATE.

The New, "Old" and Prospective Members Luncheon will be held at the Claim Jumper Restaurant on Brookhurst on **February 22, 2020** at 11:00 A.M. This is a wonderful opportunity to meet new friends, learn about our branch and its activities, and eat a delicious pasta lunch. It's also a great deal-- members will pay \$23, but guests can lunch with us for only \$15! So, keep the date in mind and think of friends, neighbors or relatives you can invite. The checks made out to AAUW-WM-FV-HB and can be mailed to: Ann Kajdasz, [redacted]. We are hoping for a great turnout!

Happy Holidays! [Ann Kajdasz](#) and [Jeannie Kulpinski](#), Membership Chairs

PUBLIC POLICY by Karen Jackle, Chair

Attached is a list of bills AAUW-CA worked to pass on your behalf. They reflect our mission statement. You can go to AAUW-CA.org to public policy to get more information about these bills.



INTEREST GROUPS

QUEST ADVENTURES! (...and Planning Ahead)

Thursday, January 9, we will visit the SeniorServ (aka Meals on Wheels) facility in Anaheim where we will learn about their programs and tour the kitchens where nutritious meals are prepared and delivered by volunteers. Following the tour, we will travel to Watson's Soda Fountain Restaurant in Orange, where you will be taken back to the 50's with their nostalgic decor and surroundings. There is a varied menu at reasonable prices. A blast from the past! Free parking at the rear of the restaurant. Carpools will leave from the Central Library lower lot in HB, and Coco's in Garden Grove at 9:30 to make the 10:30 tour time. Please email Joanne Flahive at jflahive@roadrunner.com no later than January 5 th to reserve your spot.

MARK YOUR CALENDARS!

February 13: Long Beach Art Museum

March 12: The Kellogg House/Pomona (Your \$30 advance payment will include house tour, lunch and equestrian show! Payments will be due in late February since this is a contracted event.)

April 9: Long Beach Airport

May 14: Fullerton Arboretum

June 11: Los Angeles Central Library: CONFIRMED! (Using the Metro A Line and/or carpools)



Quest to Federal
Reserve L.A.



BRIDGE NEWS

Ladies Duplicate is the first Wednesday of the month. If you would like to play, please call Georgia Merchant. We play at Sunny's Restaurant on Edinger at 4:15 pm.

There will be no bridge in January as it is New Year's Day. We will resume Wednesday, February 5th.

Bridge results in December

1. Joan and Charlotte
 2. Georgia and Pat
- Mary Gundling, Chair



FILM DISCUSSION

*Meets 2nd Monday of each month
at 7:00 p.m. Contact Linda Janesick,
email: lindajanesick@gmail.com*



Come and join our great group of intelligent women and have a stimulating evening discussing not only the selected movie of the month, but other pertinent and relevant issues of our time. We welcome everyone to come and share their thoughts, feelings and opinions in a warm and comforting environment.

EVENING BOOK REVIEW

The book for January is
The Library Book by Susan Orlean

Monday, January 27, 2020

7:15 P.M. - Social

7:30 P.M. - Meeting

Hostess: Judy Meyer

Co-hostess: Carolyn Knupke

Leader: Terri Elders

lynn.judy.meyer@gmail.com

RSVP to Judy by Saturday, January 25

Looking Ahead - The 57 Bus by Dashka Slater

**Travel Group**

Wednesday, January 15 7:00 PM

Home of Leanne Metzler

Please RSVP to Leanne and Janet by Sunday,
Jan. 12

LMetzler@ca.rr.com

janetjohnson535@yahoo.com

**Topics: Surviving Airports without Major
Trauma and**

Sharing Holiday Travels

janetjohnson535@yahoo.com

**Bunco Fun Day: note the change!**

Thursday, January 23, noon

We will be playing 18 games, enjoying each other, and Bunco fun at the home of Carol Sobyak and Carol Kane.

Any questions, call Chairman, Sharon Cope.

**Cheerful Ladies Book Club**

Meets every other month on the 2nd Wednesday of every other month. Locations to be announced. Contact Susan Rousseau

**GOLF**

If you are interested in playing golf
Wednesday mornings,

Contact: Jeri Goldsbrough

**MUSIC AND DANCE**

Contact:

Barbara Smith basmith10@verizon.net

**PLAY READING**

Play Reading meets on the
fourth Tuesday of each month.

Contact Marilen Steiger:

mrws@verizon.net



*Film
Group
Femmes*



INTEREST GROUPS



November hikers saw the Redwoods at Carbon Canyon Regional Park

HAPPY HIKERS

*Happy Hikers gather the first Thursday of each month for hikes and lunch. Contact: Carol Hoke
email: cawalrus@gmail.com*

**Thursday, January 2, 2020
HUNTINGTON HARBOUR**

Carpool at: no carpool

Hikers will depart from Bimini Lane at 10:30 am. Bimini Lane is on the left off Edinger Ave. Parking is available in two small, neighborhood lots on Bimini Lane, off Edinger Ave.

The Hikers will ring in the new year with a gentle walk around Huntington Harbour. The approximately 4-mile, level, loop walk is paved and goes along a greenbelt, marina, boat docks and part of Trinidad Island. There are two public restrooms en route. Although not lit, hikers will see decorated waterside homes and boats. Lunch will follow at Café Gazelle on the corner of Bolsa Chica and Edinger. RSVP to Carolee Focht at focht@verizon.net by Wednesday, January 1, 2020.



The American Association of University Women
Westminster-Fountain Valley-Huntington Beach Branch

Proudly Presents

The 28th Annual Authors Luncheon

"A RISING TIDE OF STRONG WOMEN"



Saturday March 21, 2020
Costa Mesa Country Club, 1701 Golf Course Drive
Costa Mesa, 92626
10:00 AM to 2:00 PM

FEATURING BEST SELLING AUTHOR:



LISA SEE

The Island of Sea Women
Snow Flower and the Secret Fan
China Dolls

Silent Auction* Opportunity Drawing * Book Sales and Signing

Reservation forms and information available online at:
<http://wfh-ca.aauw.net>

SAVE THE DATE: AUTHORS LUNCHEON FUNDRAISER FOR OUR AAUW BRANCH

March 21, and the Authors Luncheon is rapidly approaching. As always, we are asking for donations of baskets and QUALITY items for the silent auction. Some items might be gift cards, plants, wine, toys or pet supplies. We would also appreciate new or unused items you might want to regift. If you have connections to businesses who may be willing to make donations, we appreciate your efforts. But, before you ask, check with Maxine Boyett to make sure we don't duplicate our requests. Thank you in advance your help making this event successful. We could not do it without your support and generosity.

[Connie Nelson](#), [Maxine Boyett](#), [Donna Kratter](#) AAUW FUND Co-V.P.s



28TH ANNUAL WM-FV-HB AUTHORS LUNCHEON
Costa Mesa Country Club 1701 Golf Course Drive. Costa Mesa, CA
Saturday, March 21, 2020

10:30 Check in Silent Auction Book Signing
11:30 Welcome 11:45 Lunch 12:30 Author Talk

By supporting AAUW you provide educational opportunities and legal advocacy for women and girls.
(Checks only for Silent Auction)

Registration Form

Please fill out this form and mail with your check by March 5, 2020

Tickets: by March 5— \$60 March 6 to March 10— \$70

No Host Bar Cash or Credit Available

Menu: Barbeque Chicken Salad, Fresh Mixed Rolls, and New York Cheese Cake

Tables of 8 may be reserved: send check/checks and list guest names on the back of this form.

*Please note any dietary needs (Gluten Free, Vegetarian, Etc.) **Mail reservations early to assure good seating.**

Make checks payable to **AAUW FUND** (\$30.00 is a tax-deductible donation)

Print Name _____

Address _____

Phone _____ Email _____

Total Enclosed \$ _____ for _____ Reservation(s) Dietary Needs _____

I am unable to attend but wish to make a 100% deductible donation to AAUW Fund

Specify: Economic Security Fund (Legal Advocacy Fund, Work Smart) \$ _____

Educational and Training Fund (Fellowships and Grants, Public Policy) \$ _____

Tech Trek (CA science, math camps designed for young girls) \$ _____

NOTE: For donation to Tech Trek make check to AAUW CA Special Projects Fund with WM-FV-HB on the memo line.

Mail reservation form and check to: **Carole Smith 13982 Milan St. Westminster, CA 92683**

Your check confirms your reservation

NO WALK-INS, THIS IS A NON-REFUNDABLE EVENT



American Association of University Women

WESTMINSTER-FOUNTAIN VALLEY-HUNTINGTON BEACH

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

The mission of AAUW is to advance equity for woman and girls through advocacy, education, and research.

AAUW is California's most active and diverse organization for women offering action for equity, personal and professional growth, community leadership and friendship.

Co-Presidents

Beverly Nagy

Carole Smith

Membership Co-VP's

Ann Kajdasz

Jeanne Kulpinski

Newsletter Editor/

Communications Manager/

Web Master

Carolee Focht

Visit us on the web: <http://wfh-ca.aauw.net/>

Address Correction Requested

American Association of University Women
Tri-City Dispatch
6792 Vista del Sol Drive
Huntington Beach, CA 92647

